



Joint HiAk – HiO seminar:

Physical activity in health – planning the next steps

17th of June 2010 (Start 10.00 – registration from 9.30)

Venue: HiAk, lecture hall E111

10.00 Jan Grund, HiAk President, *Introduction*

10.15 Bente Skulstad-Austrått, Dean, Faculty of Health, Nutrition and Management, HiAk

Nina Waaler Loland, Dean, Faculty of Health, HiO

Why collaboration in the area of physical activity and health is important for the future HiAk-HiO

10.35 Barbara Ainsworth, Professor, Arizona State University,

President Elect, American College of Sports Medicine (ACSM), Adjunct Professor HiAk

Physical activity and public health - Why we need proper assessment tools

11.15-11.30 *Coffee break*

11.30 Terje Gjøvaag, Associate professor, Faculty of health, HiO

How to assess aerobic capacity in patients with femoral amputation

11.50 Elisabeth Bø, PhD student, Faculty of health, HiO

Patients with peripheral arterial disease – physical activity treatment and function

12.05 Josef Noll, Chief Technologist, Movation & UNIK

Innovations in wireless technology and their importance in science

12.20 *Lunch*

13.00 Peyman Mirtaheri, Associate professor, Faculty of engineering, HiO

The role of sensors for monitoring of physical activity

13.15 Agneta Yngve, Professor HEL, HiAk, Associate professor Karolinska Institutet, Adjunct professor ASU,

The ASUKI project – an introduction

13.35 Barbara Ainsworth, Professor, ASU, Adjunct professor HEL HiAk, *ASUKI Study design*

14.00 Ali Soroush & Eric Poortvliet, PhD students Karolinska Institutet, *ASUKI Health outcomes*

14.30 *Coffee break*

14.45 Patrik Emanuelsson, Health Promotion Manager Karolinska Institutet, *ASUKI in Practice*

15.00 Mia Hultberg, Select Wellness

Web applications for pedometer and bicycle interventions The ASUKI project and other examples

15.20 - approx 15.45

Final discussion – THE NEXT STEPS – what can we do together – HiAk – HiO – ASU – KI – UNIK – others?