

UiO : **Department of Technology Systems**
University of Oslo

Webinar “Menstrual Health – A Global Challenge”, 2Jun2022, Oslo

Digital Health Promotion at Schools - reducing the stigma of menstruation in Kenya

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Health Platforms and Health Portal

→ Upstream

- Health Information Systems Platform (HISP, DHIS2.org)

→ Sensor on Chip

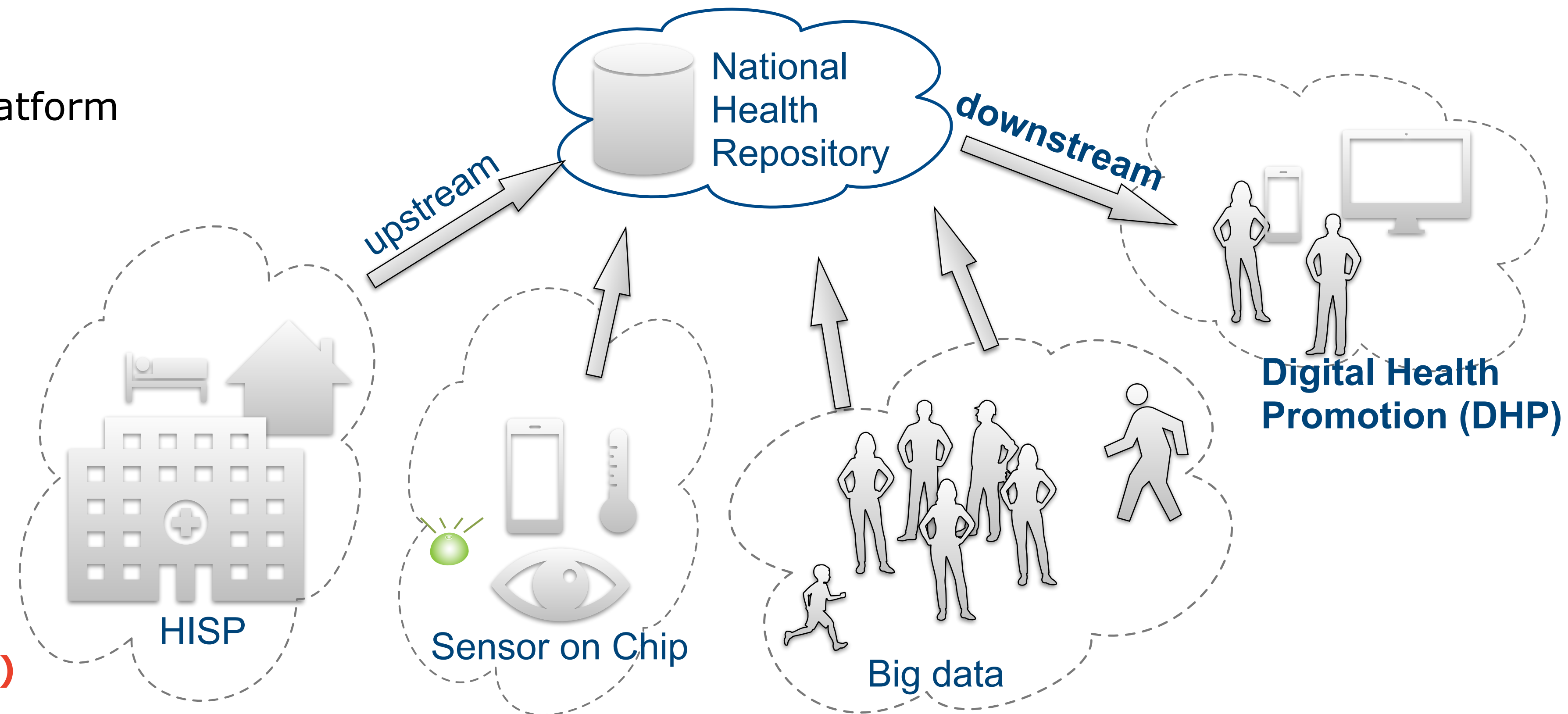
- Bio-sensor
- integrated analysis

→ Big Data

- Epidemiology
- Artificial Intelligence (AI)

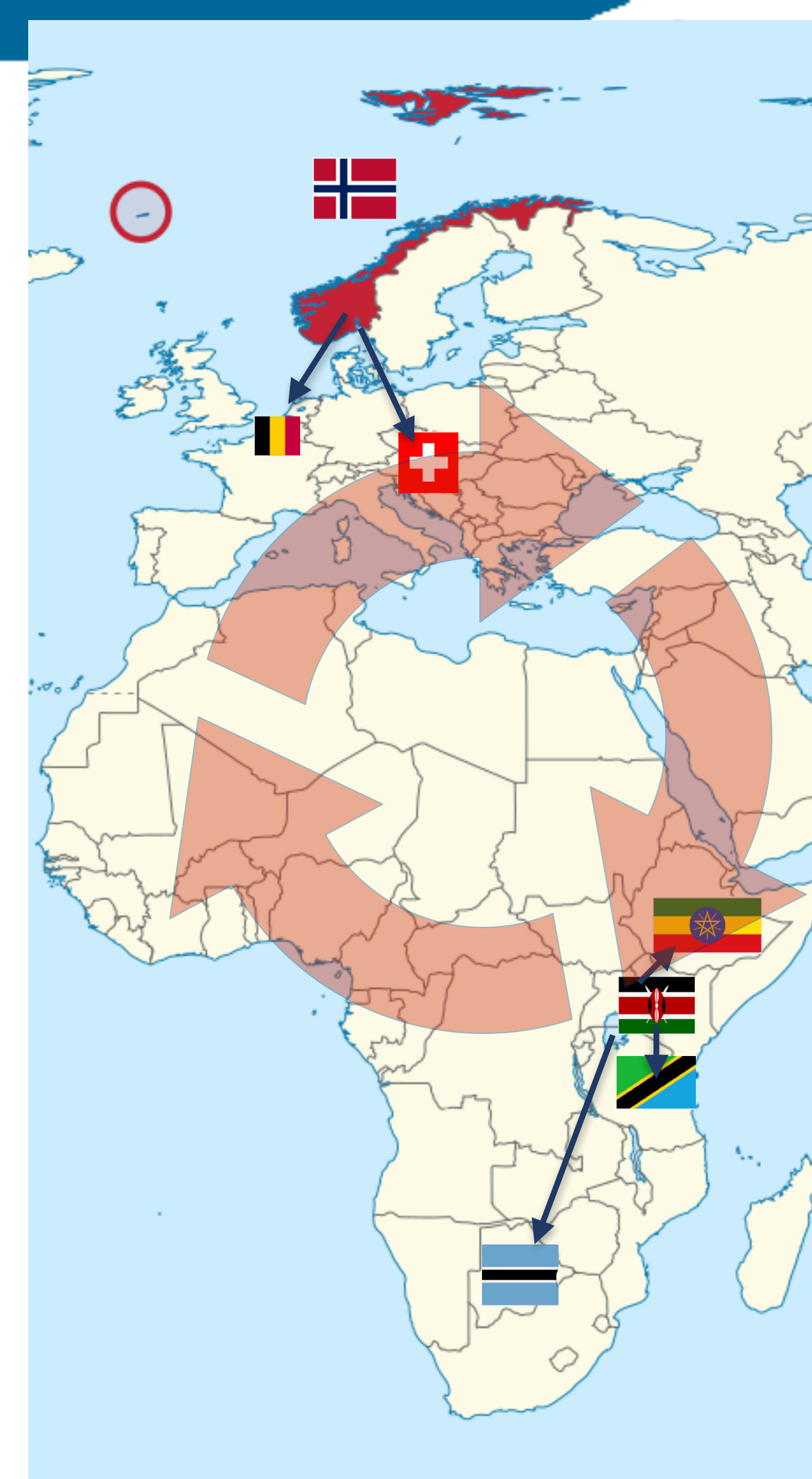
→ Downstream

- **Digital Health Promotion (DHP)**
- Community Health



Digital Health Promotion (DHP) in the Global South

- Applying the Methodology for DHP
 - User involvement & reliance
 - Proven Methodology from DigI.BasicInternet.no project
 - Amazing knowledge enhancement (Cysticercosis, HIV/Aids, Tuberculosis)
- Girls@School
 - Connected 45 schools in Kenya, 60 schools in Tanzania
 - Digital Health Promotion at Schools -> tell the parents
 - Inform, education, and remove stigma related to menstruation
- Project goals
 - hinder drop-out due to menstruation
 - education for girls (and boys)





migoli.yeboo.com/health_information_dashboard.php

Migoli Home Health Information Video About Contact Us Report Swahili Login

Cysticercosis

Watch "The story of tapeworms" here, take the quiz and learn about tapeworms and cysticercosis here.

More Video

Anthrax

Anthrax costs life. Learn how to protect your family and animals here.

More Video

Tuberculosis

Tuberculosis can be avoided and cured. Read more about the disease here, and take the quiz to test your knowledge.

More Video

HIV Aids

Quality treatment, quality longer life for infected.

Cholera

Cholera is an infectious disease that causes severe

Global Health

Our mission is to improve health care and health



ProDHP Methodology

8+2-step DHP Creation

1. a local needs assessment;
2. identification of government-approved health promotion materials in a non-digital format;
3. identification of key health messages for each of the five relevant domains (prevalence, cause/transmission, signs/symptoms, treatment and prevention);
4. creation of a practical and engaging story, easy to understand for the general public;
5. drafting of a storyboard for an animated video with review, feedback and revisions;
6. forward and backward translation from English to Swahili;
7. audio recording of the story in both languages;
8. finalisation and presentation for the animations;
9. Development of relevant quiz questions related to the health messages in each domain; and
10. Development of web and mobile applications to access the digital health messages.



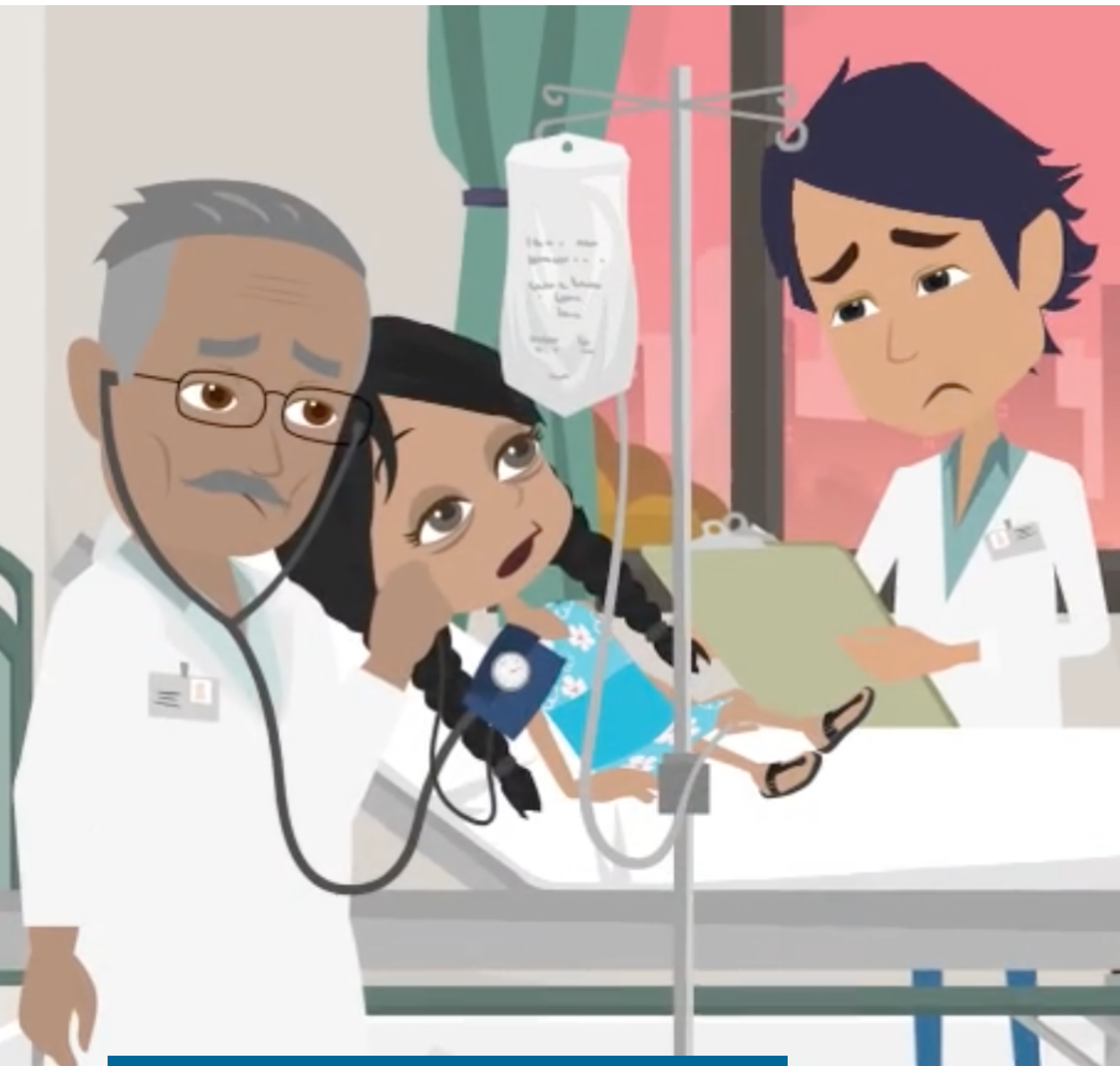
Breast Feeding

AMR animation

COVID-19

(Sexual Violence)

ProDHP animations



AMR animation



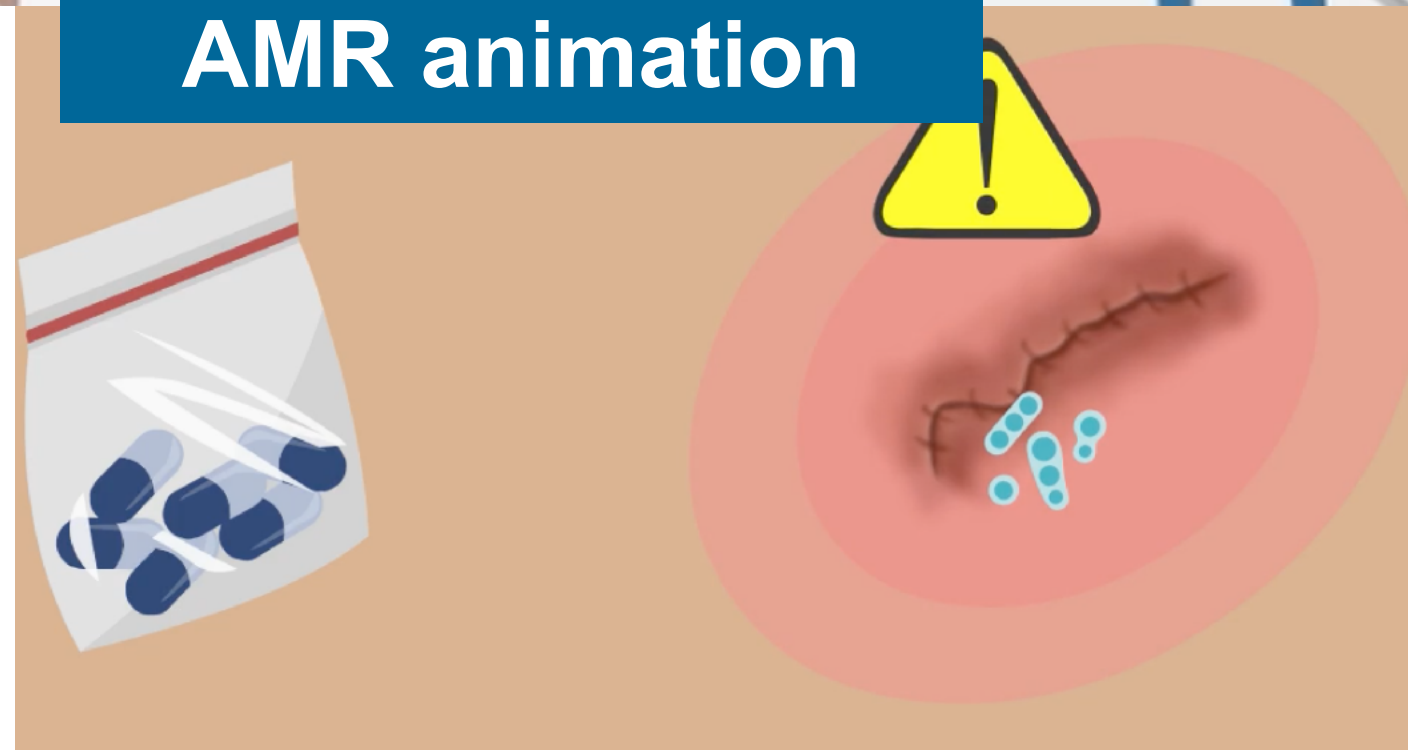
COVID-19



Breast Feeding

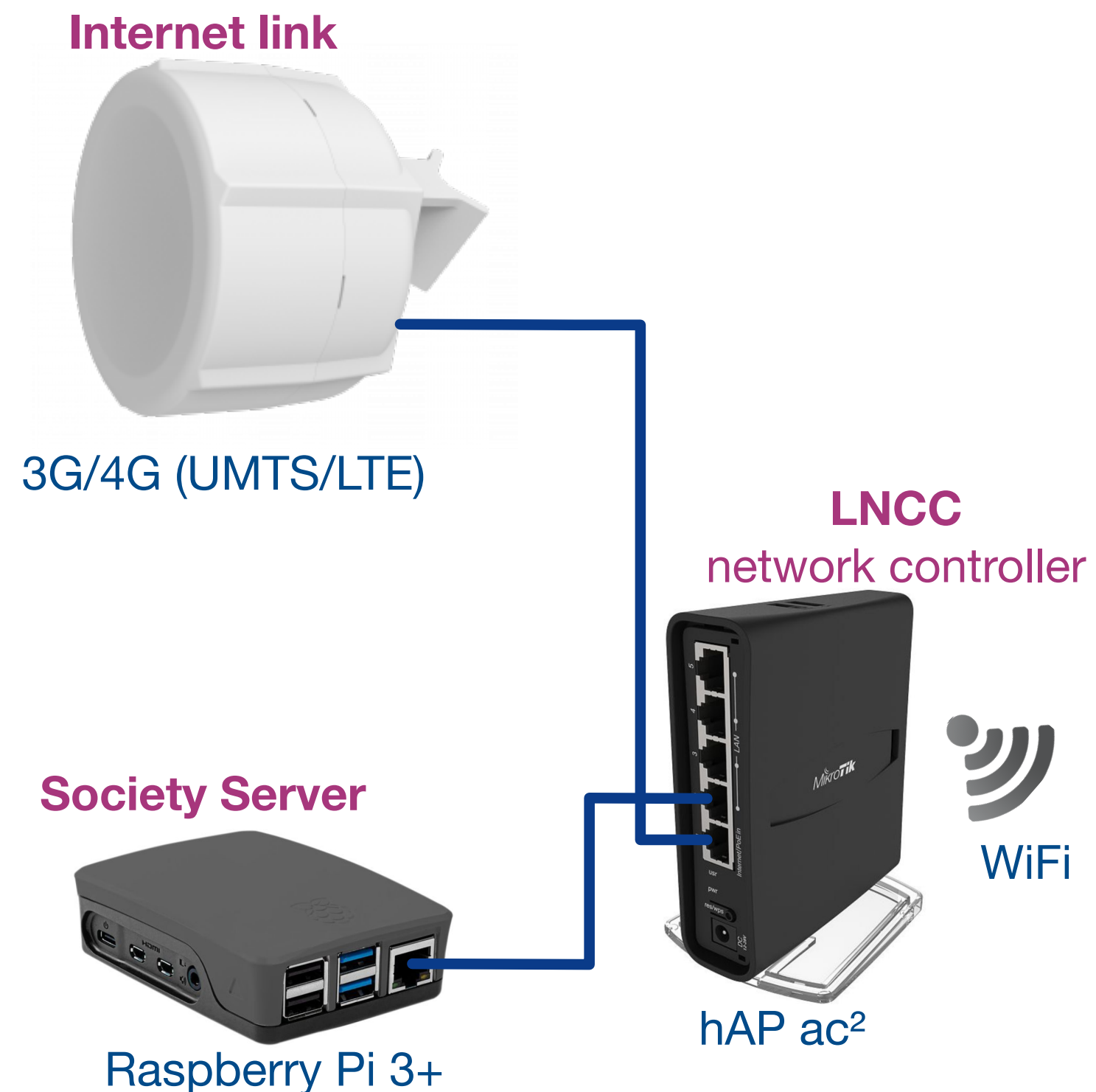


(Sexual Violence)



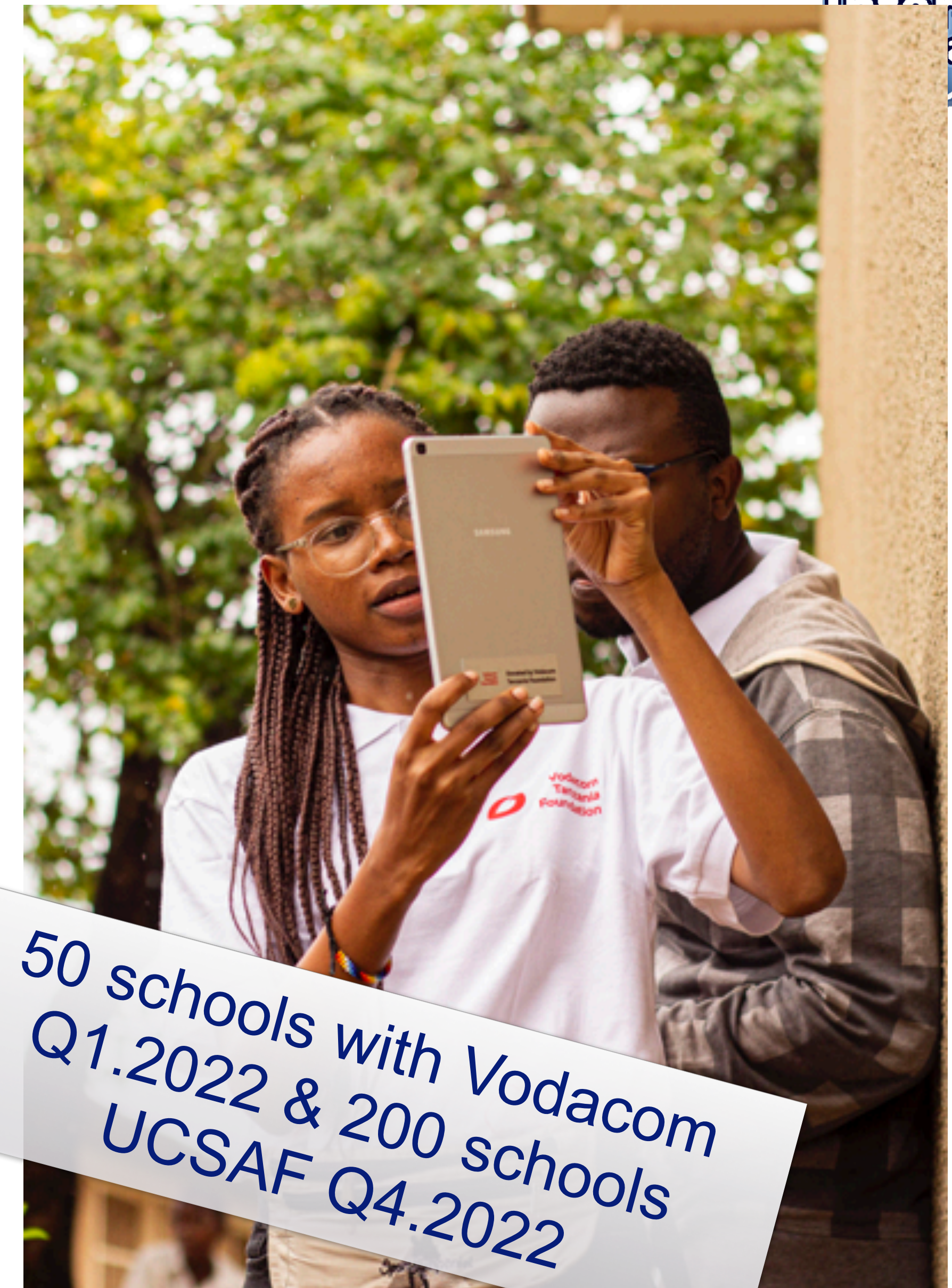
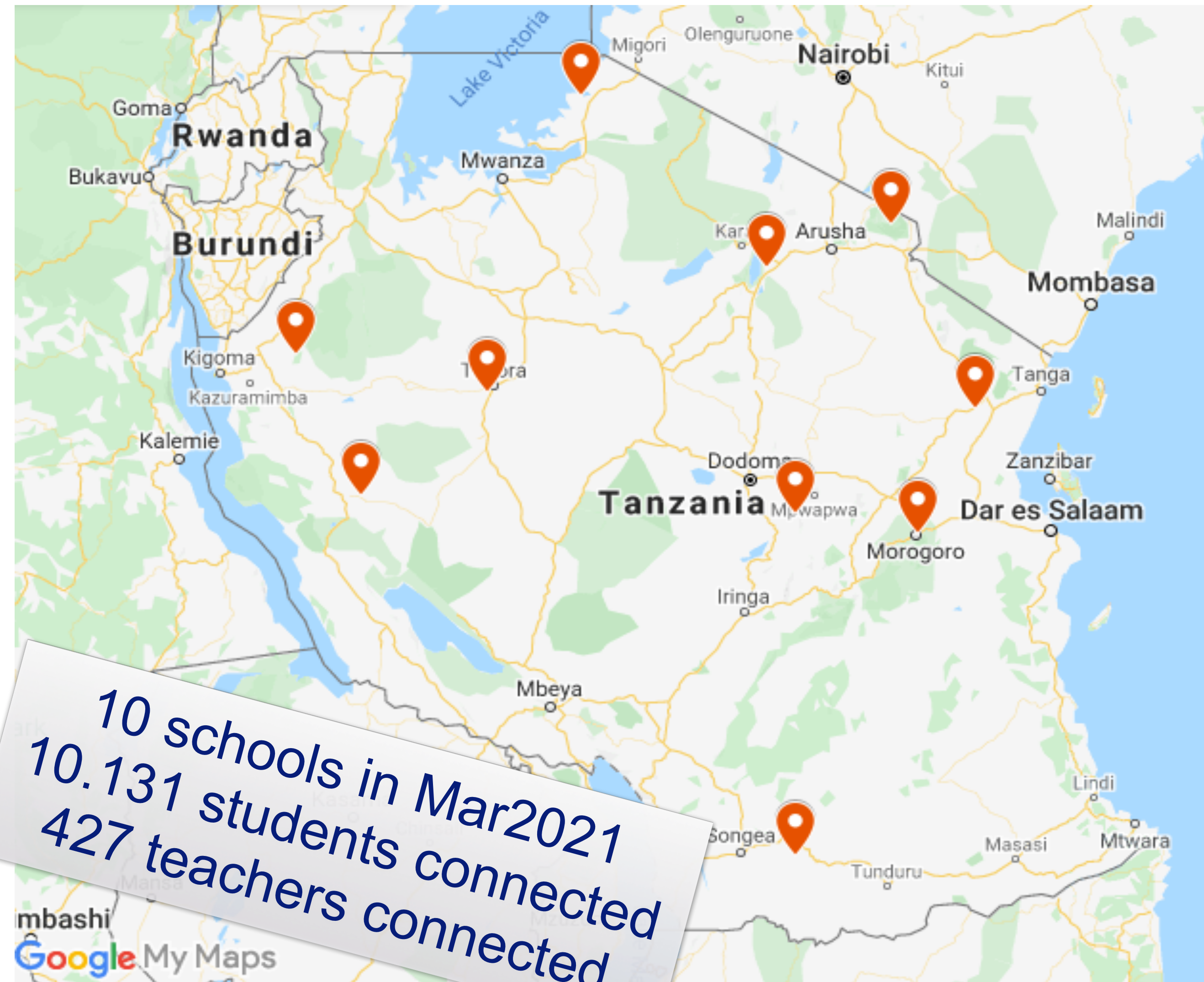
Solving the challenge of access

- wireless information spot (InfoSpot)
- Reaching out >20 km to mobile network
- Affordable solution: OPEX <20 USD/month



Scale-up Tanzania

Catherine connects schools

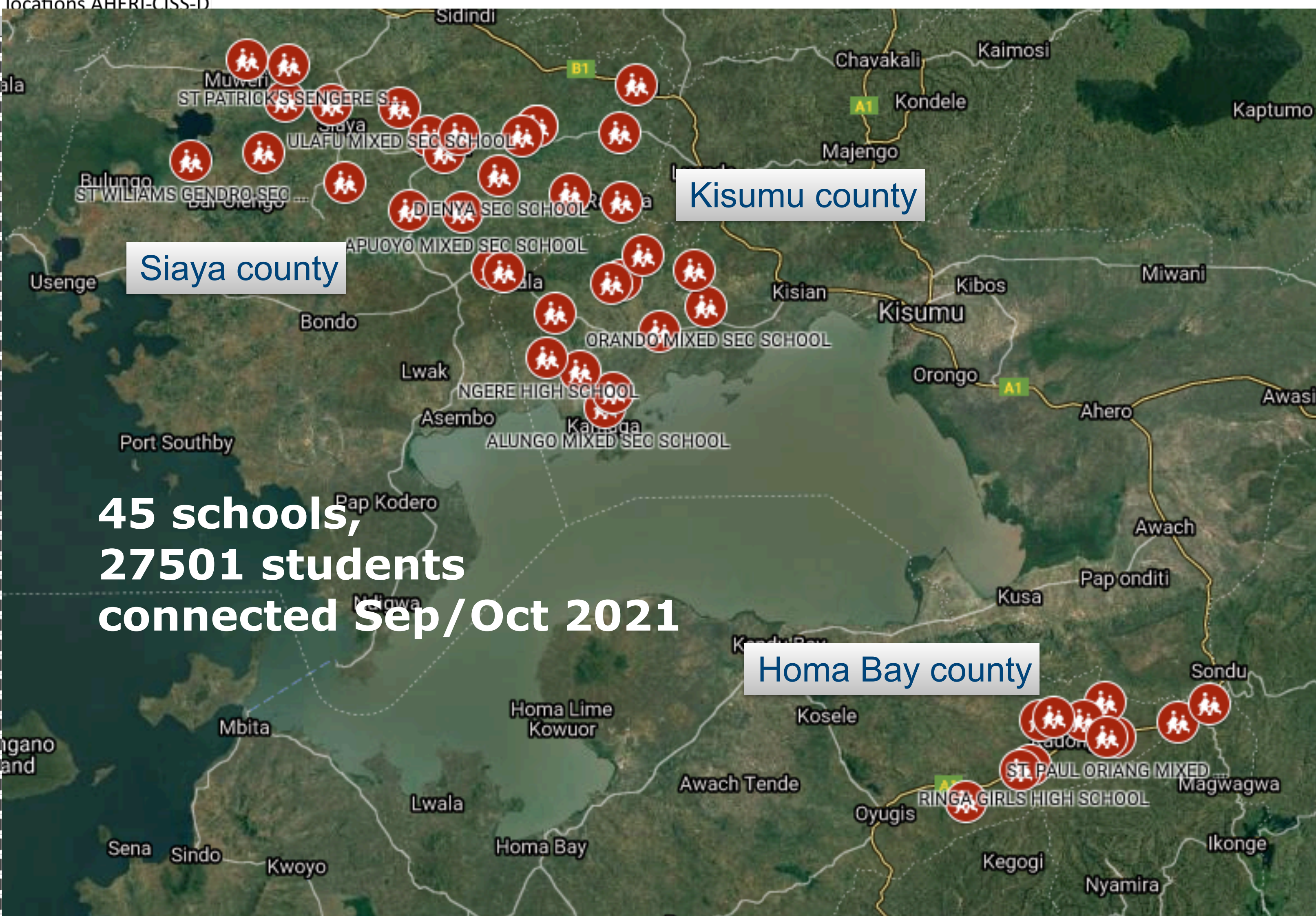


50 schools with Vodacom
Q1.2022 & 200 schools
UCSAF Q4.2022

45 schools connected Sep/Oct 2021

School locations AHERI-CISS-D

#	name	location
1	ST. PAUL ORIANG MIXED SCHOOL	http://p
2	ORANDO MIXED SEC SCHOOL	http://p
3	MALELE MIXED SEC SHOOL	http://p
4	ULAFU MIXED SEC SCHOOL	http://p
5	BISHOP OKOTH GIRLS MBAGA SEC SC	http://p
6	PALA MIXED SEC SCHOOL	http://p
7	KOLWENY KINGSWAY SEC SCHOOL	http://p
8	KIT MIKAYI MIXED SEC SCHOOL	http://p
9	NDURU MIXED SEC SCHOOL	http://p
10	DANIS OBARA SEC SCHOOL	http://p
11	ATELA MIXED SEC SCHOOL	http://p
12	WANG'APALA BOYS HIGH SCHOOL	http://p
13	APUOYO MIXED SEC SCHOOL	http://p
14	AGORO OYOMBE SEC SCHOOL	http://p
15	RINGA GIRLS HIGH SCHOOL	http://p
16	ORERA MIXED SEC SCHOOL	http://p
17	DUDI GIRLS SEC SCHOL	http://p
18	BORO MIXED SEC SCHOOL	http://p
19	ST BARNABAS SEC SCHOOL	http://p
20	SINAGA GIRLS SEC SCHOOL	http://p
21	DIENYA SEC SCHOOL	http://p
22	RAMULA MIXED SEC SCHOOL	http://p
23	DHENE MIXED SEC SCHOOL	http://p
24	ST WILIAMS GENDRO SEC SCHOOL	http://p
25	ST PATRICK'S SENGERE SEC SCHOOL	http://p
26	ST MAR'YS YALA SCHOOL	http://p
27	NGIYA MIXED SEC SCHOOL	http://p
28	OBAMBO MIXED SEC SCHOOL	http://p
29	SENATOR OBAMA SEC SCHOOL	http://p
30	ST MATHEW NYASIDHIO MIXED SCHOL	http://p
31	ST PATRICK'S SENGERE SEC SCHOOL	http://p
32	ST PATRICK'S SENGERE SEC SCHOOL	http://p
33	ST PATRICK'S SENGERE SEC SCHOOL	http://p
34	ST PATRICK'S SENGERE SEC SCHOOL	http://p
35	ST PATRICK'S SENGERE SEC SCHOOL	http://p
36	ALONGO MIXED SEC SCHOOL	http://p
37	ST PATRICK'S SENGERE SEC SCHOOL	http://p
38	ALONGO MIXED SEC SCHOOL	http://p
39	MAGWAGWA MIXED SEC SCHOOL	http://p
40	RINGA GIRLS HIGH SCHOOL	http://p
41	NO	http://p
42	ST PATRICK'S SENGERE SEC SCHOOL	http://p
43	BIS	http://p
44	AK	http://p



**45 schools,
27501 students
connected Sep/Oct 2021**

sponsored by our premium partner



- parallel to GIGIconnect first phase
- **5 Mbit/s over LTE** (dedicated SIM cards)
- 58 USD/month

Status and invitation to join

- well proven methodology (8+2 steps)
 - AMR, Breastfeeding, COVID-19

- What is the good story for menstruation?
 - Counteracting on stigma
 - Education & Information

- Digital Health Promotion at Schools
 - School Connectivity: 105 Schools, 88.287 students (Q2.2022)



Common work

**Default outcome in
all medical domains**

**Awareness
building**

Global outreach



Core people of our DigI team (11 partners from 9 countries)



Christine Holst
UiO - Norway



Dr. Bernard Ngowi
NIMR - Tanzania



Prof. Josef Noll
BasicInternet
UiO - Norway



Prof. Andrea Winkler
UiO - Norway



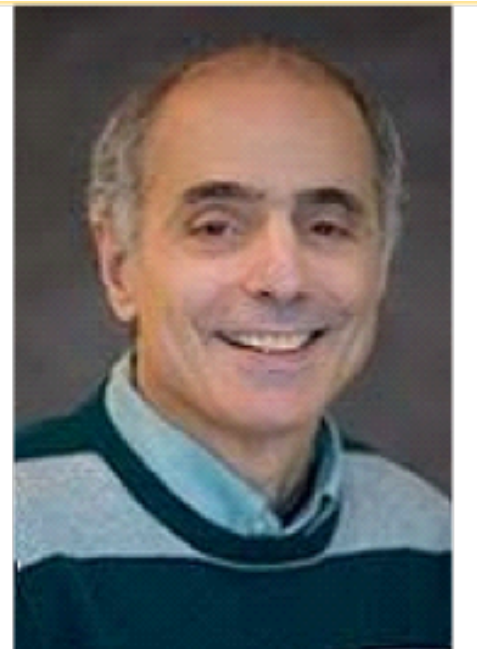
Prof. Helena Ngowi
SUA - Tanzania



Mr. Erwan Le Quentrec
Orange - France



Dr. Maurice Isabwe
FCI - Rwanda



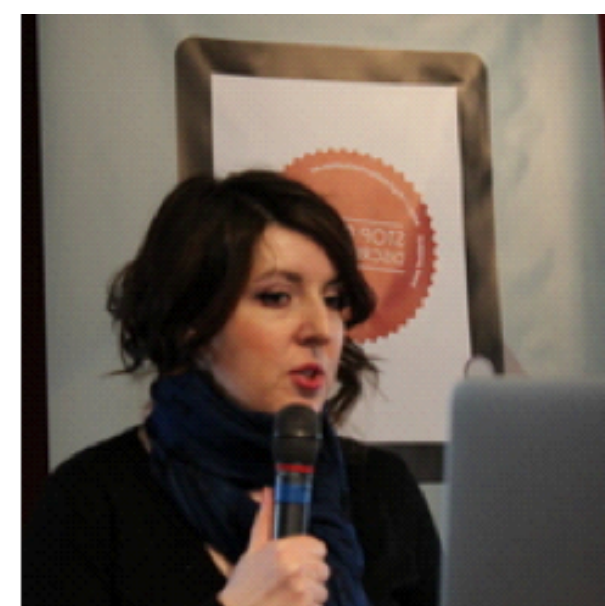
Dr. Peter Cardellichio
Global Health Media - USA



Mrs. Flora Kajuna
SUA - Tanzania



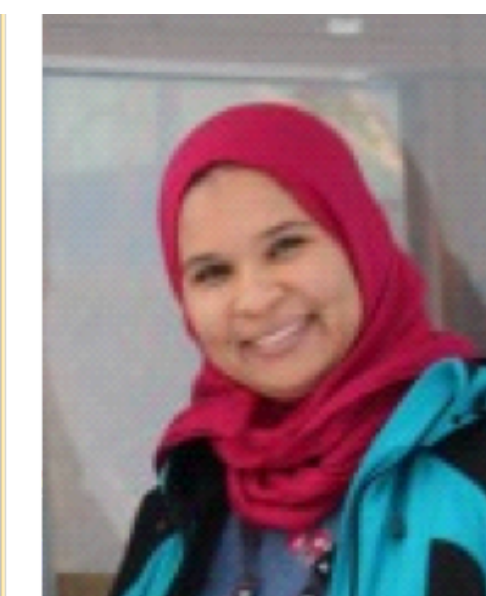
Dr. Felix Sukums,
Muhas - Tanzania



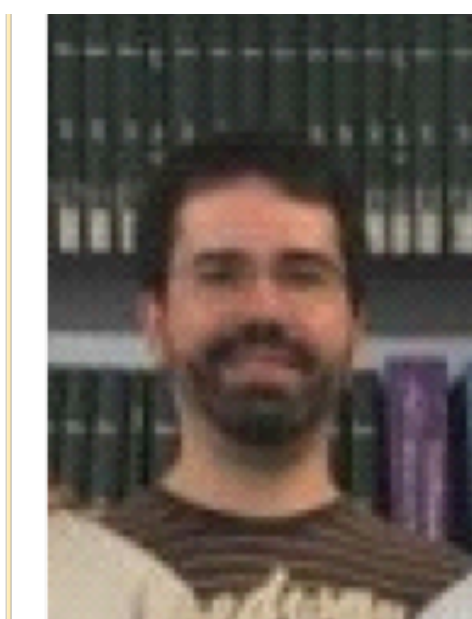
Dr. Danica Radovanovic
BasicInternet - Serbia



Dr. Elibariki Mwakapeje
MoH - Tanzania



Mrs. Wisama Mansour
BasicInternet - Norway



Dr. Inaki Garritano
Mondragon University - Spain



Dr. Sudhir Dixit
BasicInternet - USA